



Veronica arios

## **Executive Coach & Consultant**

Veronica Larios Co. is an executive coaching and consulting company for mid-career professionals and entrepreneurs, that are in a place of upleveling for growth.

We show them how to achieve wellness & work-life balance, & build a healthy & inclusive workplace.

## **AREAS OF SUPPORT**

Executive Coaching | Workplace Culture Training | Stress Management | Leadership | Mindfulness Training | Organizational Design

Please feel free to contact me for scheduling or questions.

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## COACHING | CONSULTING | TRAINING