

REFORUM CONSULTING

Curating Conversations

RE · FOR · UM

noun

a brave and safe space where ideas and views on particular issues can be exchanged to facilitate growth and development increasing intrinsic motivation and extrinsic productivity

OUR MISSION

Reforum's mission is to support individuals and teams in discovering and developing their strengths and embracing and affirming differences. Through open communication and exploration, participants will have the opportunity to impart knowledge, learn, improve awareness of self, and gain skills that promote social, emotional, and mental wellness.

OUR VISION

Reforum **Envisions** a culture that focuses on social and emotional work, exploring the impact it has on individuals and the larger community. Can you imagine a society where differences were acknowledged, empathy and self-awareness were emboldened, and people were SEEN and HEARD? We can!

Reforum **Engages** individuals and groups, through workshop facilitation, coaching and consultation, to shift paradigms and support change initiatives. Our belief is that in order to reform the disconnect between individuals it must start with conversation.

Reforum **Empowers** corporate entities, small businesses, educational institutions, and various communities to be leaders in creating safe and brave spaces. Reforum encourages businesses to be proactive versus reactive, normalizing and prioritizing open and forward thinking.

WHO ARE WE

Reforum Consulting is a consulting, coaching, and professional development company supporting corporations and communities centered on reforming their culture and climate through curated conversations.



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347.855.7314



@reforumconsulting

READY TO START THE CONVERSATION?

Schedule an appointment with one of
our experienced curators



WHAT WE DO

NEEDS ASSESSMENT

In order to curate our work to your community and culture we will need to conduct an assessment to familiarize ourselves with your needs and your physical environment. During this process we will meet with leadership and other stakeholders to discuss the current strengths and challenges, previous initiatives, and demographics. The information gathered will be used to frame how we will best be able to engage. We understand that every environment will be different, therefore this step is imperative in addressing the specific needs of your community.

WORKSHOPS

In this shared learning space, participants will be able to exchange their ideas and views on particular topics. This curated conversation is an interactive and intentional way to facilitate empathy, knowledge and awareness.

COACHING

Much like the workshops, coaching is a professional development session or series dedicated to the exchange of ideas, experiences and the application of best practices and skills. This is an opportunity to take an in-depth look into the root and nature of the hurdles of your community and culture.

CONSULTING

Curated Conversation Topics:

- Self-Care and Stress Management
- Workplace Stress and Trauma
- Mental Health Awareness
- Team and Community Building
- Organizational leadership and management
- Cultural humility, Diversity and Inclusion
- Financial Literacy and Social Capital
- Urban Grief and Trauma
- Anti-Stigma and Bias Awareness
- Workplace Wellness
- Building Capacity

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