

# INGRAM SCREENING, LLC

PERINATAL MENTAL HEALTH SCREENING SERVICES INGRAMSCREENING.COM

#### PERINATAL PERIOD

The perinatal period is any time during pregnancy and the first 12 months after childbirth (postpartum.net).

## **BUSINESS MODEL**

Screening support for office, providers, and patients in one comprehensive package. Standardized PMAD screening customized for each clinic; not a pay-per-screen service.

## STANDARD TESTS

#### PERINATAL-SPECIFIC

- Gestational Diabetes
- Preeclampsia
- Fetal monitoring
- Ultrasound
- Genetic Screening
- Amniocentesis
- Urinalysis
- **❖** MENTAL HEALTH?

## POSTPARTUM DEPRESSION – UMBRELLA TERM

The term 'postpartum depression' is often used to describe Perinatal Mood and Anxiety Disorders (PMADs) as a whole. In reality, there are varying types and degrees of perinatal issues in addition to depression including OCD, PTSD, anxiety, baby blues, psychosis, and bi-polar mood disorders.

### SCREENING

#### MORE THAN A FORM ON A CLIPBOARD

The EPDS and PHQ-9 screening tools are intended for assessment and conversation during the perinatal period making the screening process an interactive and crucial part in PMAD identification and prevention.

#### OREGON LANDSCAPE

Screening is not mandatory in Oregon, though it is recommended. Roughly 46,000 women give birth in Oregon each year (oregon.gov).

#### **OUR SERVICES - CONSULTATION**

FREE initial office visit, customized screening policy & procedures manual, scope of work, state-specific resource binder, coding & referral help, in-person screening, provider/staff training, and much more! Options range from stand-alone packages, to virtual options, to on-site direct services. You choose what's best for your office and what works within your budget.



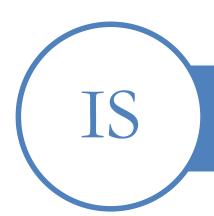


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**LYNNMCFARLAND** 



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## **CURRENT STATISICS - A PUBLIC HEALTH CRISIS**

- ❖ 4 million women give birth in the United States each year.
- ❖ 560,000 (14%) of those women suffer from perinatal mood and anxiety disorders.
- Of those 560,000 sufferers, only 112,000 (20%) receive treatment.
- That leaves 448,000 (80%) women each year unidentified and untreated each year (theconversation.com).

## **INNOVATION – A NEW APPROACH**

Ingram Screening's three-pronged approach of providing office, provider, and patient support all in one service is redefining PMAD screening. Any clinic working with families during the perinatal period (OBGYN, pediatrics, family practice, county health clinics etc.) can implement this screening model. This is the first of its kind to offer a PMAD screening-specific model of care for all involved parties. Integrated, innovative, and saving lives.

#### SUGGESTED SCREENING INTERVALS

First prenatal visit
At least once in the second trimester
At least once in the third trimester
In the hospital before discharge/or after home birth
Six-week postpartum obstetrical visit (or first postpartum visit)
Repeated screening at 6 and/or 12 months in OB and primary care settings
2, 4, 6 month or 3, 6, 9 month pediatric visits (or sooner)

## THE 4 'CS' OF INGRAM SCREENING

- 1. Commitment by the office to invest in screening.
- 2. Concern on the part of the provider that screening is a necessary perinatal test.
- 3. Conversation with the patient regarding screening as an assessment tool and bridge to help.
- 4. Check-in by Ingram Screening for the office, providers, and patients.

## DSM-5 & ICD-10 BILLING CODES

The Diagnostic and Statistical Manual of Mental Disorders 5th edition (DSM-5) is published by the American Psychiatric Association (APA). The International Classification of Diseases (ICD-10) codes by the World Health Organization (WHO) are published in the DSM-5 and contain more than 68,000 codes, some pertaining to PMAD diagnosis.